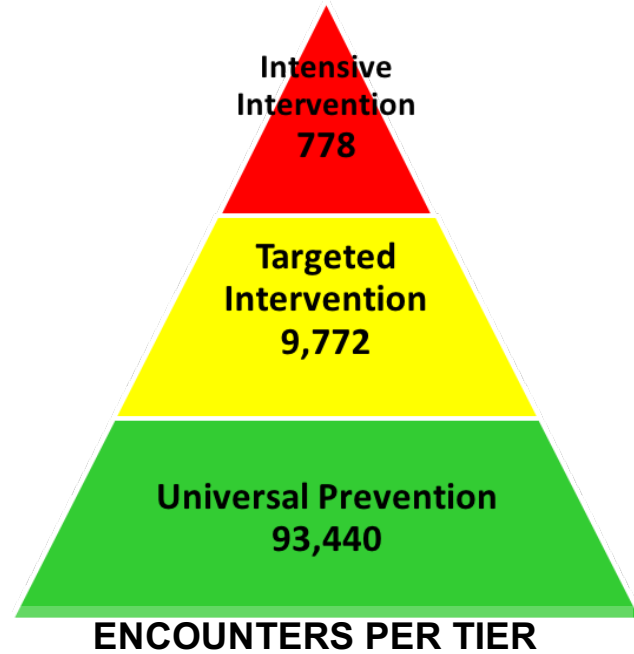


Expanded School Mental Health West Virginia Programs (Fiscal Year 2018)

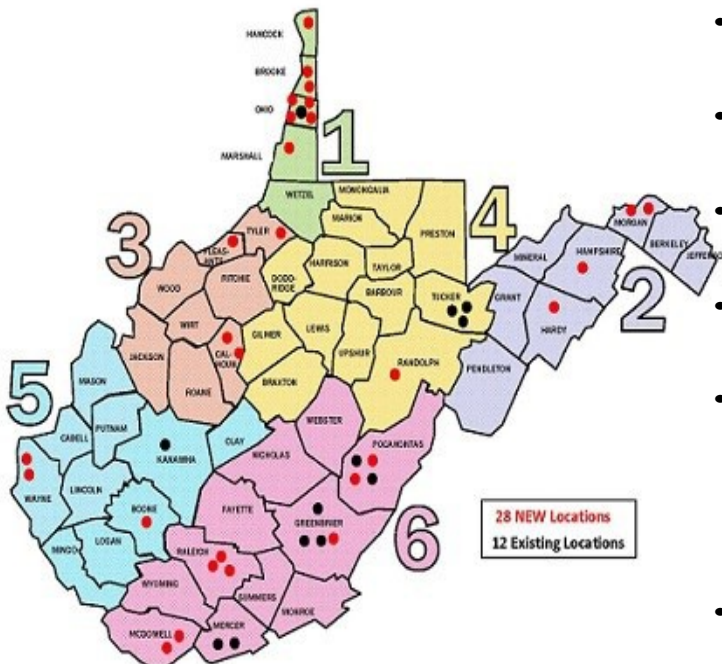
This report summarizes the Expanded School Mental Health (ESMH) programs funded by the West Virginia DHHR Bureau for Behavioral Health and Health Facilities (BBHFF), from **July 1, 2017 through June 30, 2018**.

BBHFF Funded sites FY 2018 - Quick Look

- 40 schools received grants in fiscal year 2018
- Over 93,000 PREVENTION (Tier 1) encounters occurred in 40 schools.
- Tier 1 activities include suicide & substance abuse prevention.
- 9,772 EARLY INTERVENTION encounters (Tier 2) helped at-risk students via increased support using evidence-based programming across the 40 funded sites.
- 778 INTENSIVE INTERVENTION encounters (Tier 3). These services typically include counseling/therapy.
- The number of students requiring intensive intervention decreases with successful implementation of tier 1 & tier 2.



Program Summary



- BBHFF ESMH grant sites are led by cross-systems teams who evaluate school data to guide implementation
- 40 granted school sites, 11 ESMH grantees in 20 counties across all BBHFF regions.
- 40 granted school sites include: 16 elementary, 14 middle, 9 high and 1 middle/high school.
- **Over 15,600 students benefitted from ESMH services.**
- Collaboration with: Suicide Prevention, Substance Abuse Prevention, Regional Youth Service Centers, Family Resource Networks, Behavioral Health Providers, Trauma Specialists, Families and Community Stakeholders.
- WVDE Policy fully supports integration (policy examples: 4373, 2315, 2510, 2425)

A SHARED VISION

This initiative is driven by a state ESMH Steering Team that originated in 2007 as a partnership and shared commitment between the WV Department of Education, the WV DHHR Bureau for Behavioral Health, and Marshall University School of Medicine. The team is now comprised of about 30 members representing over 20 entities statewide.

BENEFITS

Improved...

- access to care
- social functioning
- emotional wellbeing
- attendance
- behavior
- academic performance
- early Identification and Intervention

MORE TIME TO LEARN

Reduced...

- barriers to learning
- discipline referrals
- stigma
- class interruptions

The Expanded School Mental Health framework - a three-tiered model

Universal Prevention (Tier 1)	Targeted Intervention (Tier 2)	Intensive Intervention (Tier 3)
<ul style="list-style-type: none"><input type="checkbox"/> All students have access<input type="checkbox"/> Implemented by the school in the everyday learning environment<input type="checkbox"/> Supports the success of all students<input type="checkbox"/> When Tier 1 interventions are implemented to best practice standards, 85-90% of students will be successful without need for higher tier intervention.	<ul style="list-style-type: none"><input type="checkbox"/> Complementary to Tier 1<input type="checkbox"/> 5-15% of students need this level<input type="checkbox"/> Highest level of collaboration with community and other initiatives<input type="checkbox"/> Students with identified academic, behavioral and emotional needs<input type="checkbox"/> Often requires guardian consent<input type="checkbox"/> Usually small group setting<input type="checkbox"/> Successful Tier 2 reduces need for intensive intervention	<ul style="list-style-type: none">• Complementary to Tiers 1 & 2• Students with pervasive behavioral health needs• Students meet criteria for mental health diagnosis and/or IEP• Usually participates in psychiatric counseling (and other billable services) as an agency client• Always requires guardian consent for treatment

Evidence Based, Research Based & Promising Practice

- ESMH grantees are required to implement evidence, research based and promising practices
- Programs are selected by the ESMH local leadership team based on the needs of the students in their school
- Tier 1 programs include: Signs of Suicide (classroom), Too Good for Drugs, Too Good for Violence, Incredible Years
- Tier 2 interventions include: Coping Cat, Mind Up, Signs of Suicide, Too Good for Drugs, Too Good for Violence,
- Tier 3 treatment includes: Cognitive Behavioral Therapy (CBT), Trauma Focused CBT (TF-CBT), etc.
- Screeners include: PHQ9, CRAFFT, ASIST, SOS, ASAP20 and more.

* These are examples of programs implemented and is by no means a complete list. Programs listed under more than one tier of intervention include components for multiple tiers of intervention.

Data is being collected to determine whether there are statistically significant outcomes related to school-wide attendance, individual attendance, course progression, drop out, suspension/expulsion and juvenile justice involvement.

