

Approved Tier 2 Evidence Based Programs for WVESMH



This is a working document and is not inclusive of all available evidence based programs. Please email Crystal Criswell at schulte6@marshall.edu or Tiffany Pittman at pittman6@marshall.edu if you would like our team to review a program for inclusion.

Name	Delivery	Impacts	Grade	Sample cost	Company	website	contact	Research Links
Camp Cope-a-Lot	12-module, web based program	Anxiety reduction	2-7	\$125 per year per counselor for use with unlimited students	OCD & Anxiety Institute	https://www.copingcatparents.com/Camp_Cope_A_Lot	muniya@muniyakhannaphd.com	https://www.copingcatparents.com/Camp_Cope_A_Lot
Coping Power	34 lessons for weekly, one-hour small group sessions	Reduced delinquent behavior, aggressive behavior, and substance use	4-8	Implementation kit - \$200	University of Alabama	https://www.copingpower.com/	205 348 3535 COPING@UA.EDU	https://www.copingpower.com/results_outcomes.html
Dinosaur School small group (Incredible Years)	18-22 weekly 2-hour sessions for up to 6 children per group. Best implemented alongside parenting program	SEL, relationships, behavior, academic, family. Notes indicate inclusive materials for neuro divergent students.	PreK - 3	Dinosaur School curriculum (ages 3-8) \$1520 plus addons, materials, and puppets.	The Incredible Years, Inc.	https://incredibleyears.com	incredibleyears@incredibleyears.com	https://incredibleyears.com/for-researchers
Early Risers "Skills for Success"	Thirty-two small group sessions with additional summer and parenting programs available.	Academic achievement and school behaviors	K-6	\$7,000 includes training and implementation guides plus 1 year technical assistance	University of Minnesota	https://innovation.umn.edu/early-risers/	morre006@umn.edu 612-624-2600	https://innovation.umn.edu/early-risers/publications/
Hazelden Lifelines Intervention	Four sessions (Grades 5-10) or two sessions (Grades 11 & 12). Includes a facilitator guide, a DVD for staff training, and USB flash drive containing reproducible materials for staff, parents, and students.	Knowledge about suicide, Attitudes about suicide and suicide intervention, Attitudes about seeking adult help, Attitudes about keeping a friend's suicide thoughts a secret	5-12	\$195 intervention package, \$155 postvention package, complete trilogy \$545 plus training	Hazelden	https://www.hazelden.org/store/item/503138?Hazelden-Lifelines-Prevention	https://www.hazelden.org/store/publicpage/contact-us	https://www.hazelden.org/store/item/503147
INDEPTH	Alternative to suspension/citation program for tobacco use in school in four 50-minute individual or small group sessions.	Vaping and tobacco cessation/willingness to try to quit	5-12	Facilitator training - Free	American Lung Association	https://www.lung.org/quit-smoking/helping-teens-quit/indepth	1-800-586-4872	https://www.lung.org/getmedia/f8816bd1-c5cc-46e9-800c-fd02ab9603a3/ala-indepth-pilot-evaluation-overview.pdf
NOT (Not on Tobacco)	Ten 50-minute small group lessons.	Vaping and tobacco cessation	5-12	Facilitator training - \$400	American Lung Association	https://www.lung.org/quit-smoking/helping-teens-quit/not-on-tobacco	1-800-586-4872	https://ebccp.cancercontrol.cancer.gov/programDetails.do?programId=269048
Olweus Bullying Prevention Program	Schoolwide model, individual intervention plans for involved students.	Reduce bullying, improve social climate of classrooms, reduce vandalism and truancy	K - 12	\$1,100-\$1,700 for 3-year online subscription plus addons and training. FREE via BBH funding.	Clemson University & Hazelden	https://olweus.sites.clemson.edu/	864-656-6712 jurbans@clemson.edu	https://olweus.sites.clemson.edu/effectiveness.php
Peaceful Alternatives To Tough Situations (PATTS)	K-2, 3-5, and middle school- nine, 45-minute weekly sessions + parent night curriculum; High School - ten, 45-minute weekly sessions + parent night curriculum. Trauma informed.	Decreased physical assaults, decreased psychological aggression, increased willingness to forgive.	K - 12	\$1200 per curriculum. Choose grades K-2, 3-5, Middle, High school. Digital license per school	Center for Child and Family Services	https://www.patts.info/	amlong@kidsandfamilies.com ewilliams@kidsandfamilies.com	(*see research link on page)">https://www.patts.info/about (*see research link on page)
Positive Action Counselor's Kit, Conflict Resolution Kit, and/or Family Kit	Manual with lessons, activities, and materials for individuals, small groups, and families. Conflict Resolution Kit helps users resolve conflicts through a Conflict Resolution Plan. Family Kit includes lessons that can be delivered in the home to engage the whole family.	Decreased problem behavior, improved academic achievement, reduce/prevent substance use, decreased depression and anxiety symptoms	PreK-12 Eval 1-8	\$275 for Counselor's Kit. \$150 for Conflict Resolution Kit. \$250 for Family Kit, \$2300 for Family Classes Kit.	Positive Action	www.positiveaction.net	ashley@positiveaction.net info@positiveaction.net	https://www.positiveaction.net/research-outcomes https://www.positiveaction.net/research-articles

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Resilience Builder Program **Clinical skills required**	30 session plans with flexible delivery model	Decrease in anxious and depressive symptoms, decreases in withdrawal, improved social skills, behavior, and emotional regulation.	3-8	Book: \$42 plus training at \$285 per person	Alvord, Baker & Associates	https://www.researchpress.com/product/resilience-builder-program-children-and-adolescents/ https://www.alvordbaker.com/rbp/	info@alvordbaker.com	https://www.researchpress.com/product/resilience-builder-program-children-and-adolescents/
Ripple Effects	Digital lessons with videos and suggested classroom activities/discussions.	Improved academic performance, decreased suspensions, increased empathy, decreased depressive symptoms	PreK-12	Price varies by option. PK-1 program is \$1,350 per classroom. Grade 2-12 programs are between \$6k-\$18k depending on school size and options. Small schools (under 450 students) are offered discounts.	Ripple Effects, Inc.	https://rippleeffects.com/	1-888-259-6618 info@rippleeffects.com	https://rippleeffects.com/impacts/
Signs of Suicide	Brief intervention for students who complete a response slip following the Tier 1 video/discussion, and referral for further assessment/counseling as needed.	Suicide prevention	6-12	\$300-\$500 per license for 1 school plus addons and training	Mind Wise Innovations	https://www.mindwise.org/suicide-prevention/	*see website	https://www.mindwise.org/evidence-behind-sos-program
SkillStreaming	Small group modeling, role-playing, performance feedback, & generalization. Elementary - 60 prosocial skills. Adolescent - 50 skills.	Increased assertiveness, empathy, self control, cooperativeness	PreK-12	\$150-\$270 per bundle for 1 school plus addons and training	ResearchPress	https://skillstreaming.com/	800-519-2707	https://www.researchpress.com/wp-content/uploads/2012/02/5187-research_0.pdf
Student Success Skills	Eight-session small group program that reinforces SSS skills and attitudes and includes a social problem solving model.	Improved academic performance, Reduced problem behaviors, Reduced bullying, Coping skills, Reduced anxiety, Improved impulse control, Improved motivation	4-10	\$95-\$195 per manual plus training	Atlantic Education Consultants	https://studentsuccessskills.com/	561-406-9860 studentsuccessskills.aec@gmail.com	https://studentsuccessskills.com/research/
Triple P (Positive Parenting Program)	Series of public seminars that provide general tips on parenting issues; one-off discussion groups addressing common parenting problems; brief and short-term consultations for specific problems; group or online courses for a comprehensive understanding of Triple P strategies	Gives parents strategies to help them build strong, healthy relationships, manage their children's behavior and prevent problems developing	PreK-10	Extensive training and accreditation requirements. Varies by chosen implementation model.	Triple P International	https://www.triplep.net/glo-en/home/	803-451 2278 contact.us@triplep.net	https://www.triplep.net/glo-en/the-triple-p-system-at-work/evidence-based/key-research-findings/