

Approved Tier 2 Evidence Based Programs for WVESMH

This is a working document and is not inclusive of all available evidence based programs. Please email Crystal Criswell at schulte6@marshall.edu or Tiffany Pittman at pittman6@marshall.edu if you would like our team to review a program for inclusion. Developed by Marshall University School Health TA Center, School of Medicine.

Name	Level of Support by WVEBPC	Delivery	Impacts	Grade	website	Research Links
Camp Cope-a-Lot	Currently under review	12-module, web based program	Anxiety reduction	2-7	https://www.copingcatparents.com/CampCopeALot	https://www.copingcatparents.com/CampCopeALot
Coping Power	Currently under review	34 lessons for weekly, one-hour small group sessions	Reduced delinquent behavior, aggressive behavior, and substance use	4-8	https://www.copingpower.com/	https://www.copingpower.com/results/outcomes.html
Dinosaur School small group (Incredible Years)	Promising	18-22 weekly 2-hour sessions for up to 6 children per group. Best implemented alongside parenting program.	Relationships, behavior, academic, family. Notes indicate inclusive materials for neuro divergent students.	PreK - 3	https://incredibleyears.com	https://clearinghouse.helpandhopewv.org/program/incredible-years-child-training-programs/
Early Risers "Skills for Success"	Supported	Thirty-two small group sessions with additional summer and parenting programs available.	Academic achievement and school behaviors	K-6	https://innovation.uconn.edu/early-risers/	https://clearinghouse.helpandhopewv.org/program/early-risers-skills-for-
Hazelden Lifelines Intervention (Legacy approval)	Unable to be rated *See Note #1	Four sessions (Grades 5-10) or two sessions (Grades 11 & 12). Includes a facilitator guide, a DVD for staff training, and USB flash drive containing reproducible materials for staff, parents,	Knowledge about suicide, Attitudes about suicide and suicide intervention, Attitudes about seeking adult help, Attitudes about keeping a friend's suicide thoughts a secret	5-12	https://www.hazelden.org/store/item/503138?Hazelden-Lifelines-Prevention	https://www.hazelden.org/store/item/503147
Incredible Years Parenting Program	Well Supported	Twelve to Twenty weekly group sessions. Includes facilitator manual, video vignettes, parent manual and tip sheets.	Strengthen parenting skills and fosters involvement in children's lives to promote children's academic, social and emotional competencies and reduce conduct problems.	PreK-6	https://www.incredibleyears.com/early-intervention-programs/parents	https://clearinghouse.helpandhopewv.org/program/incredible-years-parent-version/
INDEPTH	Currently under review	Alternative to suspension/citation program for tobacco use in school in four 50-minute individual or small group sessions.	Vaping and tobacco cessation/willingness to try to quit	5-12	https://www.lung.org/quit-smoking/helping-teens-quit/indepth	https://www.lung.org/getmedia/f8816bd1-c5cc-46e9-800c-fd02ab9603a3/ala-indepth-pilot-evaluation-
NOT (Not on Tobacco)	Supported	Ten 50-minute small group lessons.	Vaping and tobacco cessation	5-12	https://www.lung.org/quit-smoking/helping-	https://clearinghouse.helpandhopewv.org/program/not-on-
Olweus Bullying Prevention Program	Promising	Schoolwide model, individual intervention plans for involved students.	Reduce bullying, improve social climate of classrooms, reduce vandalism and truancy	K - 12	https://olweus.sites.clemson.edu/	https://clearinghouse.helpandhopewv.org/program/olweus-bullying-prevention-
Peaceful Alternatives To Tough Situations (PATTS) (Legacy approval)	Promising *See Note #2	K-2, 3-5, and middle school-nine, 45-minute weekly sessions + parent night curriculum; High School - ten, 45-minute weekly sessions + parent night curriculum. Trauma informed.	Decreased physical assaults, decreased psychological aggression, increased willingness to forgive.	K - 12	https://www.patts.info/	https://clearinghouse.helpandhopewv.org/program/peaceful-alternatives-to-tough-situations-patts/

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Positive Action Counselor's Kit, Conflict Resolution Kit, and/or Family Kit	Not listed separately from main program	Manual with lessons, activities, and materials for individuals, small groups, and families. Conflict Resolution Kit helps users resolve conflicts through a Conflict Resolution Plan. Family Kit includes lessons that can be delivered in the home to engage the whole family.	Decreased problem behavior, improved academic achievement, reduce/prevent substance use, decreased depression and anxiety symptoms	PreK-12 Eval 1-8	www.positiveaction.net	https://clearinghouse.helpandhopewv.org/program/positive-action/
Resilience Builder Program **Clinical skills required**	Currently under review	30 session plans with flexible delivery model	Decrease in anxious and depressive symptoms, decreases in withdrawal, improved social skills, behavior, and emotional regulation.	3-8	https://www.researchpress.com/product/resilience-builder-program-children-and-adolescents/ https://www.alvordbakker.com/rbp/	https://www.researchpress.com/product/resilience-builder-program-children-and-adolescents/
Ripple Effects	Supported	Digital lessons with videos and suggested classroom activities/discussions.	Improved academic performance, decreased suspensions, increased empathy, decreased depressive symptoms	PreK-12	https://rippleeffects.com/	https://clearinghouse.helpandhopewv.org/program/ripple-effects/
SkillStreaming	Promising	Small group modeling, role-playing, performance feedback, & generalization. Elementary - 60 prosocial skills. Adolescent - 50 skills.	Increased assertiveness, empathy, self control, cooperativeness	PreK-12	https://skillstreaming.com/	https://clearinghouse.helpandhopewv.org/program/skillstreaming/
Student Success Skills	Promising	Eight-session small group program that reinforces SSS skills and attitudes and includes a social problem solving model.	Improved academic performance, Reduced problem behaviors, Reduced bullying, Coping skills, Reduced anxiety, Improved impulse control, Improved motivation	4-10	https://studentsuccessskills.com/	https://clearinghouse.helpandhopewv.org/program/student-success-skills-2/
Triple P (Positive Parenting Program)	Promising - Level 2 & 3 Supported - Level 4 Unrated - Level 1	Series of public seminars that provide general tips on parenting issues; one-off discussion groups addressing common parenting problems; brief and short-term consultations for specific problems; group or online courses for a comprehensive understanding of Triple P strategies	Gives parents strategies to help them build strong, healthy relationships, manage their children's behavior and prevent problems developing	PreK-10	https://www.triplep.net/glo-en/home/	https://clearinghouse.helpandhopewv.org/programs/?wpv_post_search=triplep&wpv_aux_current_post_id=42&wpv_aux_parent_post_id=42&wpv_view_count=43

NOTES:

1. Based on ratings more than a decade ago, Lifelines was approved by SAMHSA for use in grant programs & WV approved for use in ESMH at that time. Due to a lack of current research and an absence of access to the prior research, the WVEBPC was unable to rate. Lifelines remains approved for use in ESMH.
2. PATTS is no longer conducting research or updating their program. SAMHSA and WV ESMH approval was more than a decade ago. We recommend this program remain approved for sites where PATTS is currently in use, but not approved for new implementation.