

Approved Tier 1 Evidence Based Programs for WVESMH

This is a working document and is not inclusive of all available evidence based programs. Please email Crystal Criswell at schulte6@marshall.edu or Tiffany Pittman at pittman6@marshall.edu if you would like our team to review a program for inclusion. Developed by Marshall University School Health TA Center, School of Medicine.

Name	Level of Support by WVEBP Clearinghouse	Delivery	Impacts	Grade	website	Research Links
Building Assets Reducing Risks (BARR)	Supported	Weekly 30-minute classroom SEL activity, training & support for staff, whole school strategies	Improved academic performance, improved school connectedness, improved teaching practices	K-12	www.barrcenter.org	https://clearinghouse.helpandhopewv.org/program/building-assets-reducing-risks/
Caring School Community	Supported	30 weeks of daily 30-minute lessons per grade plus classroom, schoolwide, and community strategies	Improved academic performance, reduced problem behavior, improved school climate, improved teaching practices, improved other SEL skills and attitude	K-8	https://www.collaborativeclassroom.org/	https://clearinghouse.helpandhopewv.org/program/caring-school-community/
Catch My Breath	Promising	Four 35-minute classroom lessons. Supplemental video and self-paced lessons available.	Vaping prevention	5-12	https://shop.catch.org/products/catch-my-breath-vaping-prevention-program	https://clearinghouse.helpandhopewv.org/program/catch-my-breath/
Dinosaur School (Incredible Years)	Promising	60+ classroom lesson plans delivered twice per week. Notes indicate inclusive materials for neuro divergent students.	When paired with Teacher Classroom Management Program, reduced problem behaviors, improved social behaviors	PreK - 3	https://incredibleyears.com	https://clearinghouse.helpandhopewv.org/program/incredible-years-child-training-programs/
Harmony SEL	Promising	100+ grade specific lessons available online	Improved academic performance, reduced problem behaviors, improved school connectedness	PreK-6	www.harmonysel.org	https://clearinghouse.helpandhopewv.org/program/harmony-sel/
Hazelden Lifelines Prevention Program (Legacy approval)	Unable to be Rated *See Note #1	Four sessions (Grades 5-10) or two sessions (Grades 11 & 12). Includes a facilitator guide, a DVD for staff training, and USB flash drive containing reproducible	Knowledge about suicide, attitudes about suicide, suicide intervention, seeking adult help, and attitudes about keeping a friend's suicide thoughts secret.	5-12	https://www.hazelden.org/store/item/503138?Hazelden-Lifelines-Prevention	contact developer
I Can Problem Solve (ICPS)	Well-Supported	Two or three lessons (games, activities) per week for three to five months.	Reduced problem behaviors, Improved school connectedness	PreK-6	https://www.researchpress.com/product/icps-i-can-problem-solve-4/	https://clearinghouse.helpandhopewv.org/program/i-can-problem-solve-icps/
Incredible Years Teacher Classroom Management Program	Promising	Six full day workshops. Best when implemented with Dinosaur School.	Reduced problem behaviors, improved social behaviors, improved teaching practices	PreK-3	https://incredibleyears.com	https://clearinghouse.helpandhopewv.org/program/incredible-years-child-training-programs/
Keep a Clear Mind	Promising	Four take-home parent-child booklets	Substance use	4-6 + parents	https://www.keepaclearmind.com/	https://clearinghouse.helpandhopewv.org/program/keep-a-clear-mind-kacm/
Leader in Me	Promising	Whole School paradigm, 7 Habits training for staff and students, digital content, plus	Decreased disciplinary reports, improved sense of school safety, increased family involvement,	K-5	https://www.leaderinme.org/	https://clearinghouse.helpandhopewv.org/program/leader-in-me/
LifeSkills Training (Botvin)	Well-Supported (MS/HS only)	Eight class sessions delivered weekly or twice weekly. Additional digital add-on materials available.	Substance use and violence prevention, risk reduction	K - 12	https://www.lifeskills-training.com	https://clearinghouse.helpandhopewv.org/program/lifeskills-training-botvin/

Lion's Quest Skills for Adolescence (grades 5-8 only)	Supported	38 classroom lessons	Reduced problem behaviors, Improved school connectedness, Improved other SEL skills and attitudes	5-8	https://www.lions-quest.org/	https://clearinghouse.helpanthropewv.org/program/lions-quest-skills-for-adolescence-sfa/
Love Notes	Promising	Thirteen 45-minute to 1.5 hour lessons.	Decreases in sexual activity, increases in contraceptive use, and avoidance of pregnancy	6-12	https://bit.ly/3v9yp41	https://clearinghouse.helpanthropewv.org/program/love-notes/
Merrell's Strong Kids	Promising	12 sequenced classroom based lessons	Develop/improve cognitive, affective, and social functioning	PreK-12	https://strongkidsresources.com/	https://clearinghouse.helpanthropewv.org/program/merrells-strong-kids/
MindUP for Life	Supported	Digital lessons, videos, and printables for mindfulness practices and education about stress and anxiety.	Reduced emotional distress, improved identity development and agency, reduced problem behaviors, improved social behaviors	PreK-8	https://mindup.org/	https://clearinghouse.helpanthropewv.org/program/mindup-for-life/
Monique Burr Child Safety Matters	Promising	Two (or four short) classroom lessons plus addons	Increased knowledge of safety practices and bullying recognition	K-5	https://www.mbfpreventioneducation.org/	https://clearinghouse.helpanthropewv.org/program/monique-burr-child-safety-matters/
Olweus Bullying Prevention Program	Promising	Schoolwide model plus class meetings with a curriculum, parent and community involvement.	Reduce bullying, improve social climate of classrooms, reduce vandalism and truancy	K - 12	https://olweus.sites.clemson.edu/	https://clearinghouse.helpanthropewv.org/program/olweus-bullying-prevention-program/
PAX Good Behavior Game	Well Supported	Short one-two minute games with rewards during an activity that challenges the students' ability to stay focused and positive.	Fewer problematic behaviors, symptoms of depression, school-related injuries and symptoms of aggression. Reduced rates of bullying. Decreased suicide ideation and fewer attempts. Decreased tobacco, alcohol, illicit drug and opiod use.	K-5	https://www.paxis.org/school-based-programming/	https://clearinghouse.helpanthropewv.org/program/pax-good-behavior-game/
Positive Action	Supported	K-6 - four 15-20-minute lessons per week. Grade 7 & 8 - two-three 20-30-minute lessons per week. Both over 36 weeks. Addons available.	Decreased problem behavior, improved academic achievement, reduce/prevent substance use, decreased depression and anxiety symptoms	PreK-12 Eval 1-8	www.positiveaction.net	https://clearinghouse.helpanthropewv.org/program/positive-action/
Positive Behavioral Intervention and Support	Not listed *See Note #2	Whole school program	Teaching behavior expectation in the same manner as a core subject.	K-12	https://wvpbis.org/	https://assets-global.website-files.com/5d3725188825e071f1670246/60bf970915720b202ceafcd8_Evidence%20Base%20PBIS%20043020.pdf
Promoting Alternative Thinking Strategies (PATHS)	Promising	Five 30-minute sessions per week throughout the school year.	Reduced emotional distress, Reduced problem behaviors, Improved school climate, Improved school connectedness, Improved social behaviors	PreK - 8	https://pathsprogram.com	https://clearinghouse.helpanthropewv.org/program/promoting-alternative-thinking-strategies-

Ripple Effects	Supported	Digital lessons with videos and suggested classroom activities/discussions.	Improved academic performance, decreased suspensions, increased empathy, decreased depressive	PreK-12	https://rippleeffects.com/	https://clearinghouse.helpandhopewv.org/program/ripple-effects/
Second Step	Supported	Elementary - 20 lessons delivered in 15-30 minutes each. Middle - 26 lessons delivered in 25 minutes each. Digital subscription or classroom materials kit.	Reduced emotional distress, Reduced problem behaviors, Improved social behaviors,	K - 8	https://www.secondstep.org	https://clearinghouse.helpandhopewv.org/program/second-step/
Signs of Suicide (SOS)	Supported	Educational video, discussion guide, screening	Suicide prevention	6-12	https://www.mindwise.org/suicide-prevention/	https://clearinghouse.helpandhopewv.org/program/signs-of-suicide/
Student Success Skills	Promising	PK-5 - 30-minute classroom lessons for 5 to 8 weekly lessons. Grades 6 -12 - Classroom sessions once per week for 5 weeks, with booster lessons available.	Improved academic performance, Reduced problem behaviors, Reduced bullying, Coping skills, Reduced anxiety, Improved impulse control, Improved motivation	PreK-12 Eval 1-8	https://studentsuccessskills.com/	https://clearinghouse.helpandhopewv.org/program/student-success-skills-2/
Too Good for Drugs & Violence	Currently under review	Lesson plans and student workbooks plus digital content.	Substance use, violence, improved social behavior	K-12	https://toogoodprograms.org	https://toogoodprograms.org/pages/evidence-base
Toolbox Project (Legacy approval, no longer recommended for use in ESMH)	Unable to be Rated *See Note #3	12 tools with journal prompts, take home family activities, tangible toolbox, cards, administrator's guide, puppets (K-3)	Encourages social equity through empathy, understanding, and 12 skills to navigate life	K-6	https://toolboxproject.com/	https://toolboxproject.com/s/Toolbox_Research_Brief_West_Ed-191118-ntsh.pdf

NOTES:

1. Based on ratings more than a decade ago, Lifelines was approved by SAMHSA for use in their grant programs & WV approved for use in ESMH. Due to a lack of current research and an absence of access to the prior research, the WVEBPC was unable to rate. Lifelines remains approved for use in ESMH.
2. PBIS is considered an environmental approach, not a program and as such, was not reviewed by the WVEBPC.
3. Prior ESMH approval was based on research outcomes from 2010 (current at the time). We recommend this program remain approved for sites where Toolbox is currently in use but not approved for new implementation.

Approved Tier 2 Evidence Based Programs for WVESMH

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Name	Level of Support by WVEBPC	Delivery	Impacts	Grade	website	Research Links
Camp Cope-a-Lot	Currently under review	12-module, web based program	Anxiety reduction	2-7	https://www.copingcatparents.com/Camp Cope A Lot	https://www.copingcatparents.com/Camp Cope A Lot
Coping Power	Currently under review	34 lessons for weekly, one-hour small group sessions	Reduced delinquent behavior, aggressive behavior, and substance use	4-8	https://www.copingpower.com/	https://www.copingpower.com/results outcomes.html
Dinosaur School small group (Incredible Years)	Promising	18-22 weekly 2-hour sessions for up to 6 children per group. Best implemented alongside parenting program.	Relationships, behavior, academic, family. Notes indicate inclusive materials for neuro divergent students.	PreK - 3	https://incredibleyears.com	https://clearinghouse.helpandhopewv.org/program/incredible-years-child-training-programs/
Early Risers "Skills for Success"	Supported	Thirty-two small group sessions with additional summer and parenting programs available.	Academic achievement and school behaviors	K-6	https://innovation.umn.edu/early-risers/	https://clearinghouse.helpandhopewv.org/program/early-risers-skills-for-
Hazelden Lifelines Intervention (Legacy approval)	Unable to be rated *See Note #1	Four sessions (Grades 5-10) or two sessions (Grades 11 & 12). Includes a facilitator guide, a DVD for staff training, and USB flash drive containing reproducible materials for staff, parents,	Knowledge about suicide, Attitudes about suicide and suicide intervention, Attitudes about seeking adult help, Attitudes about keeping a friend's suicide thoughts a secret	5-12	https://www.hazelden.org/store/item/503138?Hazelden-Lifelines-Prevention	https://www.hazelden.org/store/item/503147

Incredible Years Parenting Program	Well Supported	Twelve to Twenty weekly group sessions. Includes facilitator manual, video vignettes, parent manual and tip sheets.	Strengthen parenting skills and fosters involvement in children's lives to promote children's academic, social and emotional competencies and reduce conduct problems.	PreK-6	https://www.incredibleyears.com/early-intervention-programs/parents	https://clearinghouse.helpandhopewv.org/program/incredible-years-parent-version/
INDEPTH	Currently under review	Alternative to suspension/citation program for tobacco use in school in four 50-minute individual or small group sessions.	Vaping and tobacco cessation/willingness to try to quit	5-12	https://www.lung.org/quit-smoking/helping-teens-quit/indepth	https://www.lung.org/getmedia/f8816bd1-c5cc-46e9-800c-fd02ab9603a3/ala-indepth-pilot-evaluation-overview.pdf
NOT (Not on Tobacco)	Supported	Ten 50-minute small group lessons.	Vaping and tobacco cessation	5-12	https://www.lung.org/quit-smoking/helping-teens-quit/indepth	https://clearinghouse.helpandhopewv.org/program/not-on-tobacco/
Olweus Bullying Prevention Program	Promising	Schoolwide model, individual intervention plans for involved students.	Reduce bullying, improve social climate of classrooms, reduce vandalism and truancy	K - 12	https://olweus.sites.clemson.edu/	https://clearinghouse.helpandhopewv.org/program/olweus-bullying-prevention/
Peaceful Alternatives To Tough Situations (PATTs) (Legacy approval)	Promising *See Note #2	K-2, 3-5, and middle school-nine, 45-minute weekly sessions + parent night curriculum; High School - ten, 45-minute weekly sessions + parent night curriculum. Trauma informed.	Decreased physical assaults, decreased psychological aggression, increased willingness to forgive.	K - 12	https://www.patts.info/	https://clearinghouse.helpandhopewv.org/program/peaceful-alternatives-to-tough-situations-patts/

Positive Action Counselor's Kit, Conflict Resolution Kit, and/or Family Kit	Not listed separately from main program	Manual with lessons, activities, and materials for individuals, small groups, and families. Conflict Resolution Kit helps users resolve conflicts through a Conflict Resolution Plan. Family Kit includes lessons that can be delivered in the home to engage the whole family.	Decreased problem behavior, improved academic achievement, reduce/prevent substance use, decreased depression and anxiety symptoms	PreK-12 Eval 1-8	www.positiveaction.net	https://clearinghouse.helpandhopewv.org/program/positive-action/
Resilience Builder Program **Clinical skills required**	Currently under review	30 session plans with flexible delivery model	Decrease in anxious and depressive symptoms, decreases in withdrawal, improved social skills, behavior, and emotional regulation.	3-8	https://www.researchpress.com/product/resilience-builder-program-children-and-adolescents/ https://www.alvordbaker.com/rbp/	https://www.researchpress.com/product/resilience-builder-program-children-and-adolescents/
Ripple Effects	Supported	Digital lessons with videos and suggested classroom activities/discussions.	Improved academic performance, decreased suspensions, increased empathy, decreased depressive symptoms	PreK-12	https://rippleeffects.com/	https://clearinghouse.helpandhopewv.org/program/ripple-effects/
SkillStreaming	Promising	Small group modeling, role-playing, performance feedback, & generalization. Elementary - 60 prosocial skills. Adolescent - 50 skills.	Increased assertiveness, empathy, self control, cooperativeness	PreK-12	https://skillstreaming.com/	https://clearinghouse.helpandhopewv.org/program/skillstreaming/

Student Success Skills	Promising	Eight-session small group program that reinforces SSS skills and attitudes and includes a social problem solving model.	Improved academic performance, Reduced problem behaviors, Reduced bullying, Coping skills, Reduced anxiety, Improved impulse control, Improved motivation	4-10	https://studentsuccessskills.com/	https://clearinghouse.helpandhopewv.org/program/student-success-skills-2/
Triple P (Positive Parenting Program)	Promising - Level 2 & 3 Supported - Level 4 Unrated - Level 1	Series of public seminars that provide general tips on parenting issues; one-off discussion groups addressing common parenting problems; brief and short-term consultations for specific problems; group or online courses for a comprehensive understanding of Triple P strategies	Gives parents strategies to help them build strong, healthy relationships, manage their children's behavior and prevent problems developing	PreK-10	https://www.triplep.net/glo-en/home/	https://clearinghouse.helpandhopewv.org/programs/?wpv_post_search=triple+p&wpv_aux_current_post_id=42&wpv_aux_parent_post_id=42&wpv_view_count=43

NOTES:

1. Based on ratings more than a decade ago, Lifelines was approved by SAMHSA for use in grant programs & WV approved for use in ESMH at that time. Due to a lack of current research and an absence of access to the prior research, the WVEBPC was unable to rate. Lifelines remains approved for use in ESMH.
2. PATTS is no longer conducting research or updating their program. SAMHSA and WV ESMH approval was more than a decade ago. We recommend this program remain approved for sites where PATTS is currently in use, but not approved for new implementation.

Approved Tier 3 Evidence Based Programs for WVESMH

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Name	Level of Support by WVEBP Clearinghouse	Ages	website	Research Links
Applied Behavior Analysis	Well-Supported	0-24	-	https://clearinghouse.helpandhopewv.org/program/applied-behavior-analysis/
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	Supported	4-24	https://traumaawareschools.org/index.php/learn-more-cbits/	https://clearinghouse.helpandhopewv.org/program/cognitive-behavioral-intervention-for-trauma-in-schools-cbits/
Cognitive Processing Therapy	Well-Supported	13-24	https://cptforptsd.com/	https://clearinghouse.helpandhopewv.org/program/cognitive-processing-therapy/
Coping Cat therapy	Supported	4-24	https://www.copingcatparents.com	https://clearinghouse.helpandhopewv.org/program/coping-cat/
Eye Movement Desensitization and Reprocessing	Supported	0-18	https://www.emdria.org/	https://clearinghouse.helpandhopewv.org/program/eye-movement-desensitization-and-reprocessing/
Functional Family Therapy	Supported	13-18	https://www.fftllc.com/fft	https://clearinghouse.helpandhopewv.org/program/functional-family-therapy/
Helping the Noncompliant Child (HNC)	Supported	0-12	-	https://clearinghouse.helpandhopewv.org/program/helping-the-noncompliant-child-hnc/
Motivational Interviewing	Well-Supported	4-24	http://www.motivationalinterviewing.org/	https://clearinghouse.helpandhopewv.org/program/motivational-interviewing/
Multisystemic Therapy	Supported	4-24	https://www.msts-services.com/	https://clearinghouse.helpandhopewv.org/program/multisystemic-therapy/
Not On Tobacco® (N-O-T)	Supported	13-18	https://www.lung.org/quit-smoking/helping-teens-quit/not-on-tobacco	https://clearinghouse.helpandhopewv.org/program/not-on-tobacco-n-o-t/
Parent Child Interaction Therapy	Well-Supported	0-12	http://www.pcit.org	https://clearinghouse.helpandhopewv.org/program/parent-child-interaction-therapy/
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	Well-Supported	4-24	https://tfcbt.org	https://clearinghouse.helpandhopewv.org/program/trauma-focused-cognitive-behavioral-therapy-tf-cbt/
Triple P – Positive Parenting Program® - Level 4	Supported	0-18	https://www.triplep.net/global/home/	https://clearinghouse.helpandhopewv.org/program/triple-p-positive-parenting-program-level-4/

Programs Reviewed

Name	Recommend?	Tier(s)	Delivery	Impacts	Grade	Sample cost	Company	website
Coping Power	Y	2	34 lessons for weekly, one-hour small group sessions	Reduced delinquent behavior, aggressive behavior, and substance use	4-8	Implementation kit - \$200	University of Alabama	https://www.copingpower.com/
Leader in Me	Y	1	Whole School paradigm, 7 Habits training for staff and students, digital content,	CASEL, decreased disciplinary reports, improved sense of school safety, increased family involvement,	K-5	Requested quote	Franklin Covey	https://www.leaderinme.org/
Lion's Quest Skills for Adolescence (grades 5-8 only)	Y	1	38 classroom lessons	CASEL, Reduced problem behaviors, Improved school connectedness, Improved other SEL skills and attitudes	44689	Requested quote	Lions Clubs International Foundation	https://www.lions-quest.org/
Monique Burr Child Safety Matters	Y	1	Two (or four short) classroom lessons plus addons	Increased knowledge of safety practices and bullying recognition	K-5	\$1,275 for K-5, \$638 for 6-8, \$638 for 9-12	Monique Burr Foundation for Children	https://www.mbfpreventioneducation.org/
The Character Effect	N	1	Online "hub" of curriculum and activities based on the "strength of the week"; integrates with PBIS	self control, classroom participation, academic success, behavior *teacher stress	PreK-12	Curriculum only: \$7.50/student Full program: \$28.50/student Training: \$1,800 per school (100 staff)	Beech Acres Parenting Center	https://thecharactereffect.org/
WhyTry	N	1, 2, 3	10 units with additional digital content and classroom activities	Decreased suspensions, discipline referrals, improved passing grades	K-12	Individual Facilitator - \$599 first year (includes training), \$99 per year thereafter	The WhyTry Organization	https://whytry.org
The Change Company Interactive Journaling	N	2	Variety of guided journals with paired facilitator guides.	Use journals to explore problems, learn tools and skills to make lasting change. *requested white paper	9-12?	\$216 complete set of "Keep it Direct & Simple" series Facilitator Guide; \$32 for ten complete sets of participant journals; \$600 online training for up to 25 people	The Change Companies	https://www.changecompanies.net/interactivejournaling/

contact	Research Links	Notes
205 348 3535 COPING@UA.EDU	https://www.copingpower.com/results_outcomes.html	
1-800-459-1492 educate@franklincovey.com	https://www.leaderinme.org/wp-content/uploads/2018/08/Research-Research-Guide-2.0.pdf	
844-567-8378 lionsquest@lionsclubs.org	https://pg.casel.org/lions-quest-skills-for-adolescence/	
904.642.0210 https://www.mbfpreventioneducation.org/contact/	https://www.mbfpreventioneducation.org/why-use-our-programs/research/	recommend accepting k-5 based on research indicating increased knowledge; consider accepting other programs based on similar content, but no research has been done. CEBC ranks 3/5.
513-233-4802 https://thecharactereffect.org/contact/	CDC "Best Practice"; https://thecharactereffect.org/case-studies/	
https://whytry.org/contact-us/	https://whytry.org/wp-content/uploads/ResearchSummaries_Extended.pdf	
888-889-8866 https://www.changecompanies.net/contact/general_inquiry/	https://www.changecompanies.net/interactivejournaling/#whitepaper-modal	

Programs Under Review

Name	Recommend?	Tier(s)	Delivery	Impacts	Grade	Sample cost	Company	website
Capturing Kids Hearts		1	No set way to implement in classrooms, though purchasing the book is necessary.	builds awareness of feelings as well as developing strategies for mindfulness, connection with others, and regulation	Preschool-Adulthood	Starter book is \$51.99, "getting started" bundles for different age groups range from \$121.99 to \$229.99	Social Thinking, Inc.	https://www.zonesofregulation.com/bo-ok.html
Coping And Support Training		1	ten sessions (50 minutes each)	educates youth and adolescents on how to identify causes, how to prevent, and gender stereotypes regarding dating violence.	8th-12th	3rd Edition of Curriculum is \$395.00	Hazelden Betty Ford Foundation	https://www.hazelden.org/web/public/safedates.page
Coping Power Rural		1 & 2	12 Tier1 classroom lessons, 12 Tier2 small group sessions					
Emotional ABCs		2	twelve sessions (55 minutes each), 6-12 weeks long.	at-risk students work together to build skills to build self-esteem, anger management, decision-making, and increase help-seeking behaviors	9th-12th	Essentials + Digital kit - \$399.95, CAST Curriculum kit (Full print) - \$699.95, CAST Student Notebook - \$39.95 each	Reconnecting Youth Inc.	https://www.reconnectingyouth.com/content/programs/cast
Keepin' It Real		1	10 sessions (45 minutes each), once per week for 10 weeks	enhances social and emotional competency and effective substance use prevention	6th-9th	Standard/Rural program - \$300.00, student workbook - &7.00	Real Prevention	https://real-prevention.com/keepin-it-real/
Safe Dates Hazelden		1						
Talking About Touching		1 & 2(?)	20 classroom "workshops"	Improved social behaviors	K-3 with flexibility for PK-age 11	Free (partial access) to \$39/mo for 2 teachers and 30 student logins	Emotional ABCs	https://www.emotionalabcs.com/
Zones of Regulation		1	Classroom lessons (number varies by grade), activities, and take-home work	teach children to protect themselves from sexual exploitation	K-6	Appears to be free	None	https://www.cfchildren.org/wp-content/uploads/resources/previous-programs/talking-about-touching/tatPreKTeachers.pdf https://www.ojp.gov/pdffiles1/Photocopy/96446NCJRS.pdf

contact	Research Links	Notes
312.952.4361 https://www.zonesofregulation.com/contact.html	https://www.zonesofregulation.com/uploads/3/4/1/7/34178767/the_zones_of_regulation_research_and_scholarly_articles.pdf	Program rooted in cognitive-behavioral therapy, typically directed toward younger students, but can be used for any age. Promising amount of (current) research!
800.328.9000 https://www.hazeldenbettyford.org/contact-us	https://www.hazelden.org/web/public/document/safe_dates_researcharticles.pdf	No research that I found with Safe Dates has had any significant results since 2005, but the website goes out of its way to show endorsements from those who have doctorates in sociology, psychology, and directors of
425-861-1177 contact@reconnectingyouth.com	https://www.reconnectingyouth.com/content/evaluation/cast-findings	Can be used for at-risk youth in middle and highschool. Latest research conducted in 2005. Curriculum is pricy!
https://real-prevention.com/contact-us/	https://real-prevention.com/wp-content/uploads/Abstracts-and-citations-.pdf	Self-described as cost-effective, with current research. Described as a prevention program, but discontinuation of substance use was at 61% for participants in the program. so can be used as a
	https://static1.squarespace.com/static/5f724125f6188411188187ec/t/5fa9e9df066f8a0264d4526d/1604970978152/CKH-2008-2009Randomized-Controlled-Trial-Research-Summary.pdf	
(310) 295-4138 Support@EmotionalABCs.com	https://www.emotionalabcs.com/scientific-studies/ https://files.eric.ed.gov/fulltext/ED609941.pdf	Requested by Wirt AWARE
None - program is old	https://eric.ed.gov/?id=ED426142 https://eric.ed.gov/?id=EJ449631	Requested by Harrison AWARE. APA questions the use of child abuse "prevention" programs with children (the potential victims). https://psycnet.apa.org/record/1990-02054-001